

Name of the University: Invertis University, Bareilly

Academic year: 2021-22

Report

Name of the Program: Peace Programme – Youth Re- Engineering Model

Date: 10th- 11th October 2022

Venue: Auditorium, Invertis University

Description:

The young bright students of Invertis University, Bareilly, rejoiced in a two-day exclusive event, Youth Engineering Model at PEACE GURUKUL, organised there on 10th and 11th October 2022. Conducted by PEACE Program, the Corporate Workshop Wing of Divya Jyoti Jagrati Sansthan (DJJS), the event reflected the idea that the Present Day Academic Curriculum must be supplemented by Consciousness Awakening Science of Self-Realization.

Introducing an incredible fusion of learning and mental rejuvenation, the event was packed with sessions based on Youth & their Problems, Fitness, Health & Diet, Character Building, Mental Health, Regulating Mood, Making Career Choices, Strengthening Relationships, Meditation, and Patriotism. Over 1200 students marked their presence with full vigour and enthusiasm.

The sessions were taken by **Sadhvi Tapeswari Bharti Ji, Sadhvi Dr. Nidhi Bharti Ji, Sadhvi Manimala Bharti Ji, Sadhvi Parma Bharti Ji, and Sadhvi Ruchika Bharti Ji, Daughter Disciples of His Holiness Ashutosh Maharaj Ji, Founder and Head, DJJS.** With an all-inclusive approach, the facilitators aimed to highlight that Every Dimension of Youth Personality needs REVOLUTION based on Inner EVOLUTION.

It is noteworthy that the two-day event culminated in the divine Brahmgyan Deeksha session wherein, over 100 students were initiated into the Eternal Science of Self-realisation.

All in all, such an ultimate event was designed to address all sorts of complexities faced by the youth today. The words of wisdom were well received by all the students, as was evident from their shining, happy faces.

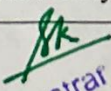
Objectives of the program:

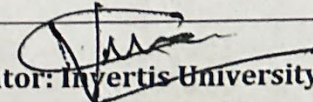
- Underscoring human psychology and the relation between mind and spirituality.
- Packed with motivational talks and fun-filled activities, the invigorating event aimed to nourish their physical, intellectual, and spiritual selves.

Feedback of the program:

- The sessions brought insights on strengthening mental health, dealing with negativities, rising above the past conditioning of mind, striking work-life balance, the role of meditation technique of BrahmGyan for holistic development, and much more.
- The talks were carried out with interactive demonstrations and activities that elicited a zealous response from students.




Registrar
Invertis University
Bareilly


Coordinator: Invertis University