

<b>MFT-201 Technology of Fruits and Vegetables</b>	
<b>Teaching Scheme</b> Lectures: 3hrs./week Tutorials: 1 hr./ week Credits: 4	<b>Examination Scheme</b> Internal Assessment Marks [IAM]: 30 [Class Test: 12, Teachers assessment: 6, Attendance: 12 ] End Semester Marks [ESM]: 70

**Course Objectives:**

1. To give knowledge of chemical composition of fruits and vegetables, their pre processing operations.
2. To give knowledge about technology of fruits and vegetable products processing in various forms.
3. Gives knowledge of technology of tomato and its products preparation.
4. To impart knowledge on technology for new product formulation and utilization of food industry wastes.
5. To give knowledge of tea, coffee, cocoa, vinegar processing and pectin production.

**Detailed Syllabus**

<b>MODULE 1</b>
Classification and composition of fruits and vegetables and their nutritional significance; climacteric and non-climacteric fruits; post harvest treatments, edible coatings. Physical and chemical indices of fruit maturity, crop maturity and ripening, bio-chemical changes during maturation, ripening, processing and storage. Pre-processing operations: washing, blanching, peeling, sorting and grading of fruits and vegetables; minimal processing of fruits and vegetables; quality factors for processing, export standards, fruit product order (FPO).
<b>MODULE 2</b>
Technology of jam, jellies, marmalades, specifications, role of pectin and theories of gel formation. Technology for juice pressing, juice extraction and clarification, methods of bottling, enzymatic clarification and debittering of juices, physiological and enzymological aspects of fruit juice production, fruit juice concentrates and powders- preparation and specifications, packaging. Fruit juice beverages, squash, cordial, crush, RTS, nectar, syrups, blending of juices.
<b>MODULE 3</b>
Technology of tomato products: sauce, puree, ketchup and tomato paste. Fruit preserves and candied fruits, dehydrated fruits & vegetables, spoilage of processed products.

Canning of fruits and vegetables, preparation of syrups and brines, spoilage of canned fruits and vegetables.
<b>MODULE4</b>
Stages of new product development, by products from fruit and vegetable wastes, utilization and disposal of fruit industry wastes. Production of mushroom and its processed products; Cashew and coconut: chemical composition, processing technology and their processed products.
<b>MODULE5</b>
Vinegar: Method of preparation and quality control. Raw material processes and uses of pectin, products based on pectin, manufacturing and quality.

<b>Suggested Readings</b>
1. Haard,N.F.andSalunkhe,D.K.1975.PostharvestBiologyandHandlingofFruitsandVegetables.AVI,Westport.
2. PreservationofFruitsandVegetables–GirdhariLal,SiddhapaandTondon,ICAR,NewDelhi.
3. Salunkhe,D.K.andKadam,S.S.Ed.1998.HandbookofVegetableScienceandTechnology.MarcelDekker,NewYork, USA.
4. Wills,R.B.H.,McGlasson,W.B.,Graham,D.,Lee,T.H.andHall,E.G.2016.Postharvest:AnIntroductiontothePhysiologyandHandlingofFruitsandVegetables.BSP Professional Books,Oxford.
5. HandBookofAnalysisandQualityControlofFruits&VegetableProducts–S.RangannaTataMcGrawHill,NewDelhi.

### Course Outcomes

After completing the course, students will be able to:

1. Understand the different fruits and vegetables chemical composition. and their processing operations.
2. Gives knowledge about fruit and vegetables products preparation methods and technology involved.
3. Imparts knowledge about tomato products preparation methods and technology involved.
4. Understand the stages of new product formulation and food industry waste utilization .
5. Technology of vinegar, tea, cocoa and pectin production.