



Short Term Course

On

**“YOGA AND HEALTH”**

21<sup>st</sup> August to 27<sup>th</sup> August, 2018

*Organized by*

**Kumaun University, Nainital**

*This is to certify that*

**Ms. Arnika Tiwari**

**Invertis University, Bareilly, INDIA**

*actively participated in the Short Term Course on*

**“Yoga and Health”**

*AP*  
*19/8/18*

*P.C.M.*

*[Signature]*  
Registrar  
Invertis University  
Bareilly

(Veena Pande)  
*Head & Coordinator*

(P.C. Kavidayal)  
*Campus Director*