

Name of the Cell/Department: The Responsible Invertian Club

Academic year: 2019-20

Name of the program: Name of Event: Mental Health Campaign

Date: 15/09/2019

Venue: Mission Hospital, Bareilly

Description:

Invertis University The Responsible Invertian Club of Invertis University Bareilly organised 'Mental Health Awareness program' with a strength of 150 students on 18th April, 2019 and the title was "Humse Tum tak". The program conducted educational workshops and seminars led by mental healthprofessionals, covering topics such as stress management, emotional well-being, and selfcare. The program encouraged community members to advocate for better mental health care and support.

Coordinator

Registrar Invertis University Bareilly