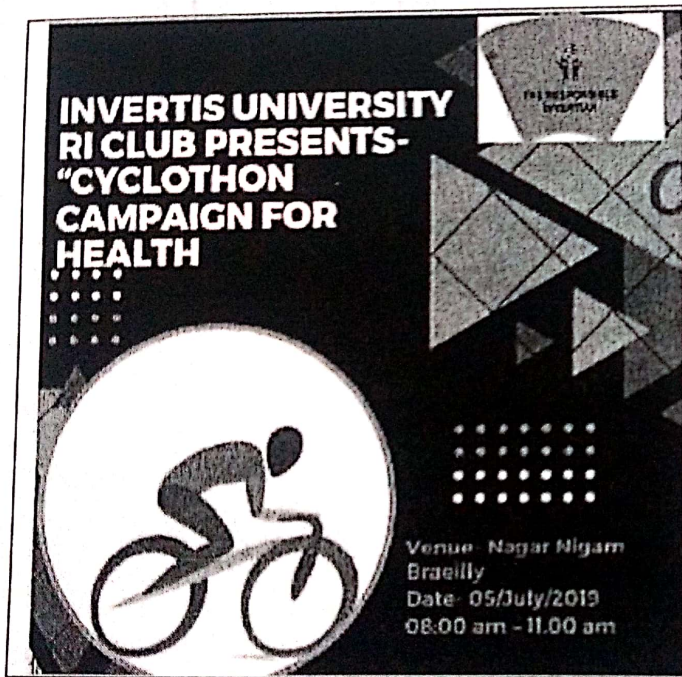


Name of the Department: The Responsible Invertian Club
Academic year: 2019-20
Name of the program: Cyclothon Campaign for Health
Date: 05 July, 2019
Venue: Nagar Nigam, Bareilly

Description:

Invertis University organized Cyclothon Campaign for Health with a strength of 240 students on 6th January, 2019 and the title for the campaign was "Swasth mann Swasth ghar". The Cyclothon Campaign for Health is an innovative and community-oriented initiative. The event starts from Nagar Nigam Bareilly and ends at Chouki Chawraha Bareilly, it covers the area of 6km. The "Swasth Mann, Swasth Ghar" (Healthy Mind, Healthy Home) program is a comprehensive mental health and well-being initiative designed to improve the mental health of individuals and their families. The program conducts workshops on stress management, coping strategies, and mental health first aid to empower individuals with knowledge. Many individuals and families have benefited from counseling and therapy services provided by the program.



Cyclothan campaign creative 05 July, 2019



Students participating on 05 July, 2019

Deepak
Coordinator

[Signature]
Registrar
Invertis University
Bareilly